

Jigsaw PSHE – Autumn Term 1 ‘Being Me in My World’

Foundation coverage

Weekly Celebration	Pieces	Learning Intentions
Help other to feel welcome	1. Who... Me?!	I understand how it feels to belong and that we are similar and different
Try to make our Nursery/Pre-school community a better place	2. How am I feeling today?	I can start to recognise and manage my feelings
Think about everyone’s right to learn	3. Being at School	I enjoy working with others to make school a good place to be
Care about other people’s feelings	4. Gentle hands	I understand why it is good to be kind and use gentle hands
Work well with others	5. Our Rights	I am starting to understand children’s rights and this means we should all be allowed to learn and play
Choose to follow the Learning Charter	6. Our Responsibilities	I am learning what being responsible means

Year 1 coverage

Weekly Celebration	Piece	PSHE learning intention	Social and emotional development learning intention
Help others to feel welcome	1. Special and Safe	I know how to use my Jigsaw Journal	I feel special and safe in my class
Try to make our school community a better place	2. My Class	I understand the rights and responsibilities as a member of my class	I know that I belong to my class
Think about everyone’s right to learn	3. Rights and Responsibilities	I understand the rights and responsibilities for being a member of my class	I know how to make my class a safe place for everybody to learn
Care about other people’s feelings	4. Rewards and Feeling Proud	I know my views are valued and can contribute to the Learning Charter	I recognise how it feels to be proud of an achievement
Work well with others	5. Consequences	I can recognise the choices I make and understand the consequences	I recognise the range of feelings when I face certain consequences
Choose to follow the Learning Charter ★	6. Owing our Learning Charter	I understand my rights and responsibilities within our Learning Charter	I understand my choices in following the Learning Charter

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Year 2 coverage

Weekly Celebration	Piece	PSHE learning intention	Social and emotional development learning intention
Help others to feel welcome	1. Hopes and Fears for the Year	I can identify some of my hopes and fears for this year I know how to use my Jigsaw Journal	I recognise when I feel worried and know who to ask for help
Try to make our school community a better place	2. Rights and Responsibilities	I understand the rights and responsibilities for being a member of my class and school	I recognise when I feel worried and know who to ask for help
Think about everyone’s right to learn	3. Rewards and Consequences	I understand the rights and responsibilities for being a member of my class	I can help to make my class a safe and fair place
Care about other people’s feelings	4. Rewards and Consequences	I can listen to other people and contribute my own ideas about rewards and consequences	I can help make my class a safe and fair place
Work well with others	5. Our Learning Charter	I understand how following the Learning Charter will help me and others learn	I can work cooperatively
Choose to follow the Learning Charter ★	6. Owing our Learning Charter	I can recognise the choices I make and understand the consequences	I am choosing to follow the Learning Charter

Year 3 coverage

Weekly Celebration	Piece	PSHE learning intention	Social and emotional development learning intention
Help others to feel welcome	1. Getting to Know Each Other	I recognise my worth and can identify positive things about myself and my achievements. I can set personal goals I know how to use my Jigsaw Journal	I value myself and know how to make someone else feel welcome and valued
Try to make our school community a better place	2. Our Nightmare School	I can face new challenges positively, make responsible choices and ask for help when I need it	I recognise how it feels to be happy, sad or scared and am able to identify if other people are feeling these emotions
Think about everyone’s right to learn	3. Our Dream School	I understand why rules are needed and how they relate to rights and responsibilities	I know how to make others feel valued
Care about other people’s feelings	4. Rewards and Consequences	I understand that my actions affect myself and others and I care about other people’s feelings	I understand that my behaviour brings rewards/consequences
Work well with others	5. Our Learning Charter	I can make responsible choices and take action	I can work cooperatively in a group
Choose to follow the Learning Charter ★	6. Owing our Learning Charter	I understand my actions affect others and try to see things from their points of view	I am choosing to follow the Learning Charter

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Year 4 coverage

Weekly Celebration	Piece	PSHE learning intention	Social and emotional development learning intention
Help others to feel welcome	1. Becoming a Class ‘Team’	I know my attitudes and actions make a difference to the class team I know how to use my Jigsaw Journal	I know how good it feels to be included in a group and understand how it feels to be excluded I try to make people feel welcome and valued
Try to make our school community a better place	2. Being a School Citizen	I understand who is in my school community, the roles they play and how I fit in	I can take on a role in a group and contribute to the overall outcome
Think about everyone’s right to learn	3. Rights, Responsibilities and Democracy	I understand how democracy works through the School Council	I can recognise my contribution to making a Learning Charter for the whole school
Care about other people’s feelings	4. Rewards and Consequences	I understand that my actions affect myself and others; I care about other people’s feelings and try to empathise with them	I understand how rewards and consequences motivate people’s behaviour
Work well with others	5. Our Learning Charter	I understand how groups come together to make decisions	I can take on a role in a group and contribute to the overall outcome
Choose to follow the Learning Charter ★	6. Owing Our Learning Charter	I understand how democracy and having a voice benefits the school community	I understand why our school community benefits from a Learning Charter and can help others to follow it

Year 5 coverage

Weekly Celebration	Piece	PSHE learning intention	Social and emotional development learning intention
Help others to feel welcome	1. My Year Ahead	I can face new challenges positively and know how to set personal goals I know how to use my Jigsaw Journal	I know what I value most about my school and can identify my hopes for this school year
Try to make our school community a better place	2. Being a Citizen of My Country	I understand my rights and responsibilities as a citizen of my country	I can empathise with people in this country whose lives are different to my own
Think about everyone’s right to learn	3. Year 5 Responsibilities	I understand my rights and responsibilities as a citizen of my country and as a member of my school	I can empathise with people in this country whose lives are different to my own
Care about other people’s feelings	4. Rewards and Consequences	I can make choices about my own behaviour because I understand how rewards and consequences feel	I understand that my actions affect me and others
Work well with others	5. Our Learning Charter	I understand how an individual’s behaviour can impact on a group	I can contribute to the group and understand how we can function best as a whole
Choose to follow the Learning Charter	6. Owing our Learning Charter ★	I understand how democracy and having a voice benefits the school community and know how to participate in this	I understand why our school community benefits from a Learning Charter and can help others to follow it

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Year 6 coverage

Weekly Celebration	Piece	PSHE learning intention	Social and emotional development learning intention
Help others to feel welcome	1. My Year Ahead	I can identify my goals for this year, understand my fears and worries about the future and know how to express them I know how to use my Jigsaw Journal	I feel welcome and valued and know how to make others feel the same
Try to make our school community a better place	2. Being a Global Citizen 1	I know that there are universal rights for all children but for many children these rights are not met	I understand my own wants and needs and can compare these with children in different communities
Think about everyone’s right to learn	3. Being a Global Citizen 2	I understand that my actions affect other people locally and globally	I understand my own wants and needs and can compare these with children in different communities
Care about other people’s feelings	4. The Learning Charter	I can make choices about my own behaviour because I understand how rewards and consequences feel and I understand how these relate to my rights and responsibilities	I understand that my actions affect myself and others; I care about other people’s feelings and try to empathise with them
Work well with others	5. Our Learning Charter	I understand how an individual’s behaviour can impact on a group	I can contribute to the group and understand how we can function best as a whole
Choose to follow the Learning Charter	6. Owing our Learning Charter ★	I understand how democracy and having a voice benefits the school community	I understand why our school community benefits from a Learning Charter and how I can help others to follow it by modelling it myself