

Jigsaw PSHE – Summer Term 1 ‘Relationships’

Foundation coverage

| Weekly Celebration | Pieces | Learning Intentions |
|--|---|--|
| Know how to make friends | 1. My Family and Me! | I can identify some of the jobs I do in my family and how I feel like I belong |
| Try to solve friendship problems when they occur | 2. Make friends, make friends, never ever break friends! Part 1 | I know how to make friends to stop myself from feeling lonely |
| Help others to feel part of a group | 3. Make friends, make friends, never ever break friends! Part 2 | I can think of ways to solve problems and stay friends |
| Show respect in how they treat others | 4. Falling Out and Bullying Part 1 | I am starting to understand the impact of unkind words |
| Know how to help themselves and others when they feel upset and hurt | 5. Falling Out and Bullying Part 2 | I can use Calm Me time to manage my feelings |
| Know and show what makes a good relationship | 6. Being the best friends we can be | I know how to be a good friend |

Year 1 coverage

| Weekly Celebration | Pieces | PSHE learning intention | Social and emotional development learning intention |
|---|---|---|---|
| Know how to make friends | 1. Families | I can identify the members of my family and understand that there are lots of different types of families | I know how it feels to belong to a family and care about the people who are important to me |
| Try to solve friendship problems when they occur | 2. Making Friends | I can identify what being a good friend means to me | I know how to make a new friend |
| Help others to feel part of a group | 3. Greetings | I know appropriate ways of physical contact to greet my friends and know which ways I prefer | I can recognise which forms of physical contact are acceptable and unacceptable to me |
| Show respect in how they treat others | 4. People Who Help Us | I know who can help me in my school community | I know when I need help and know how to ask for it |
| Know how to help themselves and others when they feel upset or hurt | 5. Being My Own Best Friend | I can recognise my qualities as person and a friend | I know ways to praise myself |
| Know and show what makes a good relationship | 6. Celebrating My Special Relationships Puzzle Outcome: Balloons Assessment Opportunity ★ | I can tell you why I appreciate someone who is special to me | I can express how I feel about them |

Jigsaw PSHE – Summer Term 1 ‘Relationships’

Year 2 coverage

| Weekly Celebration | Pieces | PSHE learning intention | Social and emotional development learning intention | Resources |
|---|--|---|---|---|
| Know how to make friends | 1.Families | I can identify the different members of my family, understand my relationship with each of them and know why it is important to share and cooperate | I accept that everyone's family is different and understand that most people value their family | Jigsaw Chime, 'Calm Me' script, Families PowerPoint, Jigsaw Jo, Mixing bowl, post-it notes, wooden spoon, Happy Home recipe sheets, Jigsaw Journals, My Jigsaw Learning, Jigsaw Jerrie Cat. |
| Try to solve friendship problems when they occur | 2. Keeping Safe - exploring physical contact | I understand that there are lots of forms of physical contact within a family and that some of this is acceptable and some is not | I know which types of physical contact I like and don't like and can talk about this | Jigsaw Chime, 'Calm Me' script, PowerPoint of different types of contact, My Jigsaw Learning, Jigsaw Journals, My Jigsaw Learning, Jigsaw Jo, Jigsaw Jerrie Cat. |
| Help others to feel part of a group | 3. Friends and Conflict | I can identify some of the things that cause conflict with my friends | I can demonstrate how to use the positive problem-solving technique to resolve conflicts with my friends | Jigsaw Chime, 'Calm Me' script, PowerPoint picture of children, 'Mending Friendships' chart, printed on A3 or displayed on whiteboard, 'Mending Friendships' resource sheet, Jigsaw Journals, My Jigsaw Learning, Jigsaw Jerrie Cat, Jigsaw Jo. |
| Show respect in how they treat others | 4. Secrets | I understand that sometimes it is good to keep a secret and sometimes it is not good to keep a secret | I know how it feels to be asked to keep a secret I do not want to keep and know who to talk to about this | Jigsaw Chime, 'Calm Me' script, Wrapped gift box, Jigsaw Jo, Picture of 'good secret' and 'worry secret', Jigsaw Journals, My Jigsaw Learning, Jigsaw Jerrie Cat. |
| Know how to help themselves and others when they feel upset or hurt | 5.Trust and Appreciation | I recognise and appreciate people who can help me in my family, my school and my community | I understand how it feels to trust someone | Jigsaw Chime, 'Calm Me' script, Balloon, People cards, Flipchart paper, Jigsaw Journals, My Jigsaw Learning, Jigsaw Jo, Jigsaw Jerrie Cat.. |
| Know and show what makes a good relationship | 6. Celebrating My Special Relationships Puzzle Outcome: Relationship Flag/Bunting Assessment Opportunity ★ | I can express my appreciation for the people in my special relationships | I am comfortable accepting appreciation from others | Jigsaw Chime, 'Calm Me' script, Jigsaw Jo, String, Coloured paper cut into triangular flag shapes, Jigsaw Journals, Certificates, My Jigsaw Learning, Jigsaw Jerrie Cat. |

Year 3 coverage

| Weekly Celebration | Pieces | PSHE learning intention | Social and emotional development learning intention |
|---|--|---|---|
| Know how to make friends | 1. Family Roles and Responsibilities | I can identify the roles and responsibilities of each member of my family and can reflect on the expectations for males and females | I can describe how taking some responsibility in my family makes me feel |
| Try to solve friendship problems when they occur | 2. Friendship | I can identify and put into practice some of the skills of friendship eg. taking turns, being a good listener | I know how to negotiate in conflict situations to try to find a win-win solution |
| Help others to feel part of a group | 3. Keeping Myself Safe Online | I know and can use some strategies for keeping myself safe online | I know who to ask for help if I am worried or concerned about anything online |
| Show respect in how they treat others | 4. Being a Global Citizen 1 | I can explain how some of the actions and work of people around the world help and influence my life | I can show an awareness of how this could affect my choices |
| Know how to help themselves and others when they feel upset or hurt | 5. Being a Global Citizen 2 | I understand how my needs and rights are shared by children around the world and can identify how our lives may be different. | I can empathise with children whose lives are different to mine and appreciate what I may learn from them |
| Know and show what makes a good relationship | 6. Celebrating My Web of Relationships Puzzle Outcome: Appreciation Streamers | I know how to express my appreciation to my friends and family | I enjoy being part of a family and friendship groups |

Jigsaw PSHE – Summer Term 1 ‘Relationships’

Year 4 coverage

| Weekly Celebration | Pieces | PSHE learning intention | Social and emotional development learning intention |
|---|---|--|---|
| Know how to make friends | 1. Jealousy | I can recognise situations which can cause jealousy in relationships | I can identify feelings associated with jealousy and suggest strategies to problem-solve when this happens |
| Try to solve friendship problems when they occur | 2. Love and Loss | I can identify someone I love and can express why they are special to me | I know how most people feel when they lose someone or something they love |
| Help others to feel part of a group | 3. Memories Puzzle outcome: Memory Box | I can tell you about someone I know that I no longer see | I understand that we can remember people even if we no longer see them |
| Show respect in how they treat others | 4. Getting on and Falling Out | I can recognise how friendships change, know how to make new friends and how to manage when I fall out with my friends | I know how to stand up for myself and how to negotiate and compromise |
| Know how to help themselves and others when they feel upset or hurt | 5. Girlfriends and Boyfriends | I understand what having a boyfriend/ girlfriend might mean and that it is a special relationship for when I am older | I understand that boyfriend/girlfriend relationships are personal and special, and there is no need to feel pressurised into having a boyfriend/ girlfriend |
| Know and show what makes a good relationship | 6. Celebrating My Relationships with People and Animals Assessment Opportunity ★ | I know how to show love and appreciation to the people and animals who are special to me | I can love and be loved |

Year 5 coverage

| Weekly Celebration | Pieces | PSHE learning intention | Social and emotional development learning intention |
|---|---|--|--|
| Know how to make friends | 1. Recognising Me | I have an accurate picture of who I am as a person in terms of my characteristics and personal qualities | I know how to keep building my own self-esteem |
| Try to solve friendship problems when they occur | 2. Safety with Online Communities | I understand that belonging to an online community can have positive and negative consequences | I can recognise when an online community feels unsafe or uncomfortable |
| Help others to feel part of a group | 3. Being in an Online Community | I understand there are rights and responsibilities in an online community or social network | I can recognise when an online community is helpful or unhelpful to me |
| Show respect in how they treat others | 4. Online Gaming | I know there are rights and responsibilities when playing a game online | I can recognise when an online game is becoming unhelpful or unsafe |
| Know how to help themselves and others when they feel upset or hurt | 5. My Relationship with Technology: screen time | I can recognise when I am spending too much time using devices (screen time) | I can identify things I can do to reduce screen time, so my health isn't affected |
| Know and show what makes a good relationship | 6. Relationships and Technology Assessment Opportunity ★ Puzzle outcome: Internet Safety Poster (staying safe and happy online) | I can explain how to stay safe when using technology to communicate with my friends | I can recognise and resist pressures to use technology in ways that may be risky or may cause harm to myself or others |

Jigsaw PSHE – Summer Term 1 ‘Relationships’

Year 6 coverage

| Weekly Celebration | Pieces | PSHE learning intention | Social and emotional development learning intention |
|---|---|--|--|
| Know how to make friends | 1. What is Mental Health? | I know that it is important to take care of my mental health | I understand that people can get problems with their mental health and that it is nothing to be ashamed of |
| Try to solve friendship problems when they occur | 2. My Mental Health | I know how to take care of my mental health | I can help myself and others when worried about a mental health problem |
| Help others to feel part of a group | 3. Love and Loss | I understand that there are different stages of grief and that there are different types of loss that cause people to grieve | I can recognise when I am feeling those emotions and have strategies to manage them |
| Show respect in how they treat others | 4. Power and Control | I can recognise when people are trying to gain power or control | I can demonstrate ways I could stand up for myself and my friends in situations where others are trying to gain power or control |
| Know how to help themselves and others when they feel upset or hurt | 5. Being Online: Real or Fake? Safe or Unsafe? | I can judge whether something online is safe and helpful for me | I can resist pressure to do something online that might hurt myself or others |
| Know and show what makes a good relationship | 6. Using Technology Responsibly Puzzle Outcome: Internet Safety Presentation Assessment Opportunity ★ | I can use technology positively and safely to communicate with my friends and family | I can take responsibility for my own safety and well-being |