"Be challenged, be inspired, be respectful, be resilient, be you"

Beckers Green Primary School

Winter Menu

Version 1 02.11.2026

This menu will run from Monday 2nd November to Thursday 25th March



Menu Dates

Week Commencing	Menu	Week Commencing	Menu
2nd November	1	18th January	3
9th November	2	25th January	1
16th November	3	1st February	2
23rd November	1	8th February	3
30th November	2	22nd February	1
7th December	3	1st March	2
14th December	Special Menu	8th March	3
4th January	1	15th March	1
11th January	2	22nd March	Special Menu

Please check the weekly newsletter for any changes to the menu

Healthy Schools

Week 1		Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Club		Selection of Cereals, Toast with a selection of spreads, Yoghurt, Apple Juice & Milk Allergens available on request				
Lunch Menu	Option 1	Vegan Curry Contains tomatoes & coconut served with Rice	**Brunch Lunch** Butchers Pork Sausage Contains gluten, Contains pork Bacon Contains Pork served with Hash Browns & Baked Beans Contains tomatoes	Chicken Tagine Contains tomatoes served with Cous Cous Contains gluten & Broccoli	Beef Lasagne Contains gluten, milk, eggs & might contain traces of soya & mustard Contains beef & tomatoes served with Mixed Salad & Coleslaw Contains egg	Chicken Bites Contains gluten, milk & eggs served with Jacket Wedges Contains Gluten and Peas
	Option 2	Vegetarian Enchilada Contains gluten & milk Contains tomatoes served with Corn on the Cob	**Vegan Brunch Lunch** Quorn Sausage Contains gluten served with Hash Browns, Mushrooms & Baked Beans Contains tomatoes	Plant Based Bolognaise Contains tomatoes served with Spaghetti Contains gluten & might contain traces of soya & mustard (gluten free pasta available) & Broccoli	Vegan Chinese Style Hoisin Wrap Contains gluten, soya & Sesame	Vegetable Chow Mein (rice noodles)
		The kitchen will prepare food for those who have allergies and cannot eat the food listed above. Fresh Baked Bread, a Healthy Salad, Fresh Fruit, Yogurt & Milk available every day Please note our in house made bread contains gluten and may also contain traces of milk & egg and our pasta products including pasta from the salad bar contains gluten and may contain traces of soya & mustard.				
After School Club		Pizza Twists Contains gluten & milk Contains tomatoes	Toasted Bagels Contains gluten choose your own toppings from Cream Cheese Contains milk, Marmite Contains gluten & Jam	Sandwich Platter Contains gluten, milk & soya choose your own fillings from Cheese Contains milk, Ham Contains pork, Tuna Mayonnaise Contains fish & eggs, Marmite Contains gluten & Jam	Soup Contains tomatoes served with Mini Rolls Contains gluten, soya & might contain traces of egg & milk	Tortilla Chips & Veggie Sticks served with a selection of Dips which include Houmous Contains milk & sesame, Salsa Contains tomatoes & Cheese 'n' Chive Contains milk
		Alternative Option - Toast Contains gluten & soya The kitchen will prepare food for those who have allergies and cannot eat the food listed above. Fresh fruit, apple juice & milk available every day				

Fresh ……. All our food is cooked fresh each day
Healthy ……. Our Pasta, Rice & Breads are healthy wholemeal products

Writing in blue covers the 14 main allergens & writing in green covers other allergens/food observances our children may have.

The 14 main allergens are: celery, cereals containing gluten (including wheat (such as spelt and Khorasan), rye, barley and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs — such as mussels and oysters, mustard, tree nuts (including almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios and macadamia nuts, peanuts), sesame seeds, soybeans & sulphur dioxide and sulphites (if they are at a concentration of more than ten parts per million)

Week 2		Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Club		Selection of Cereals, Toast with a selection of spreads, Yoghurt, Apple Juice & Milk Allergens available on request				
Lunch Menu	Option 1	BBQ Pulled Pork Flatbread Contains gluten, soya, mustard & celery Contains tomatoes & pork served with Kachumber Salad Contains tomatoes	Handmade Sausage Rolls Contains gluten Contains pork served with Crushed Baby Potatoes & Baked Beans Contains tomatoes	Roast Chicken Thigh & Yorkshire Pudding Contains gluten, egg & milk served with Roast Potatoes, Gravy, Carrots & Cabbage	Jerk Style Chicken Contains gluten, milk & soya served with Rice & Corn on the Cob	Fish Fingers Contains fish & gluten *(gluten free fish fingers available)* served with Chips & Peas
	Option 2	Turkish Quorn Flatbread Contains gluten & milk served with Kachumber Salad Contains tomatoes	Jacket Potato served with Baked Beans Contains tomatoes and/or Cheese Contains milk	Roast Quorn Fillet Contains gluten & Yorkshire Pudding Contains gluten, egg & milk served with Roast Potatoes, Gravy, Carrots & Cabbage	Pizza Omelette Contains eggs & milk Contains tomatoes	Quorn Dippers Contains gluten served with Chips & Peas
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After School Club		Loaded Wedges Contains milk Contains tomatoes	Herby Cheesy Break Sticks Contains gluten, milk & soya	Toasted Crumpets Contains gluten choose your own toppings from Marmite Contains gluten & Jam	Spaghetti Hoops Might contain eggs Contains tomatoes on Toast Contains gluten & soya	Toasted Tea Cakes Contains gluten served with Fruit
		Alternative Option - Toast Contains gluten & soya The kitchen will prepare food for those who have allergies and cannot eat the food listed above. Fresh fruit, apple juice & milk available every day				

Week 3		Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Club		Selection of Cereals, Toast with a selection of spreads, Yoghurt, Apple Juice & Milk Allergens available on request				
Lunch Menu	Option 1	Pasta Contains gluten & might contain traces of soya & mustard *(gluten free pasta available)* served with Plant Based Tomato & Lentil Sauce Contains tomatoes	BBQ Panko Chicken Contains gluten, milk, eggs, soya & celery Contains tomatoes served with Jacket Wedges Contains gluten & Green Beans	Toad in the Hole Contains gluten, egg & milk Contains pork served with Roast Potatoes, Gravy & a Vegetable Medley	Teriyaki Beef Contains gluten & soya Contains tomatoes served with Rice & Broccoli	Fish Fingers Contains fish & gluten *(gluten free option available)* served with Chips, Peas and/or Baked Beans Contains tomatoes
	Option 2	Pasta Contains gluten & might contain traces of soya & mustard *(gluten free pasta available)* served with Cheese Sauce Contains gluten & milk	Shepherdless Pie Contains tomatoes served with Pea & Sweetcorn Medley	Vegan Korma Contains tomatoes & coconut served with Naan Bread Fingers Contains gluten	Vegetarian Hunters Quorn Fillet Contains gluten, milk, soya & celery Contains tomatoes served with Jacket Wedges contains gluten & Green Beans	Halloumi Burger Contains milk in a Brioche Bun contains gluten & might contain traces of egg, milk & sesame served with Salad Coleslaw Contains egg
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After School Club		Cheesy Ham Swirls Contains gluten, milk & soya Contains pork	Veggie Pasta Pots Contains gluten & might contain traces of soya & mustard Contains tomatoes	Filled Roll Platter Contains gluten & soya choose your own fillings from Cheese Contains milk, Ham Contains pork, Tuna Mayonnaise Contains fish & eggs, Marmite Contains gluten & Jam	Baked Beans Contains tomatoes on Toast Contains gluten & soya	Cheese Contains milk, Grapes, Crackers Contains gluten & Veggie Sticks
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