



Animals including Humans

SURVIVAL

- Living things need food to grow and to be strong and healthy.
- Plants can make their own food, but animals cannot.
- To stay healthy, humans need to exercise, eat a healthy diet and be hygienic.
- Animals, including humans, need food, water and air to stay alive.

Useful Vocabulary

Nutrients—a substance that provides nourishment

Oxygen—a colourless, odourless reactive gas

Skeleton—external bone work supporting the body of an animal

Muscles—a band of fibrous tissue that has the ability to contract producing movement

Joints—the point where two parts of the skeleton fit together allowing us to move

Digestive System—the parts of the body that work together to turn food and liquids into the building blocks and fuel that the body needs

Carnivore—an animal that feeds on other animals

Herbivore—an animal that feeds on plants

Omnivore—an animal that eats both plants and animal

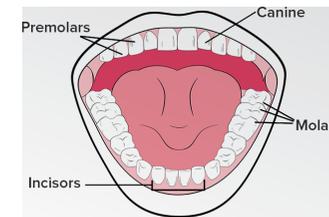
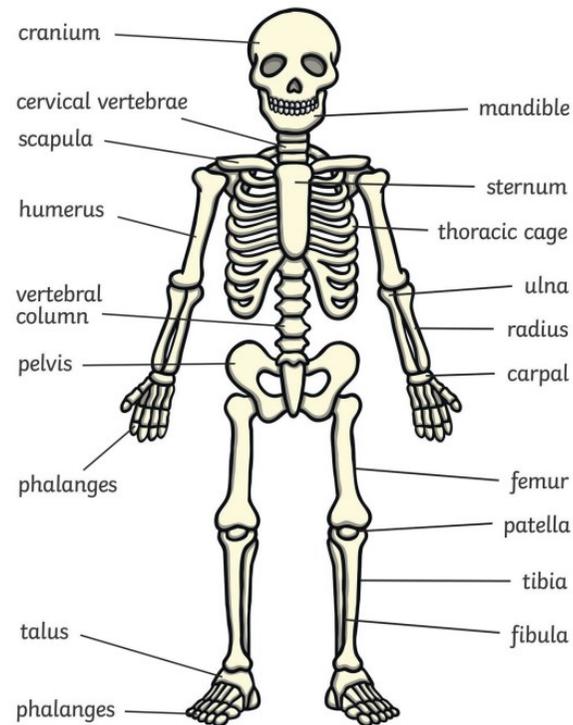
Predator—an animal that naturally preys on others

Prey—an animal that is hunted and killed by another for food

Scavenger—an animal that feeds on dead plants or dead animals

SKELETON

Scientific Names



All teeth are different shapes and sizes because they each play a different, unique role in the food chewing process.

Nutrient	Found in... (examples)	What it does/they do
carbohydrates		provide energy
protein		helps growth and repair
fibre		helps you to digest the food that you have eaten
fats		provide energy
vitamins		keep you healthy
minerals		keep you healthy
water		moves nutrients around your body and helps to get rid of waste