



# Summer Menu

Version 2 25.04.2024

This menu will run from  
Monday 15th April 2024  
to Friday 25th October 2024




Please check the weekly  
newsletter for any changes to  
the menu






SAFFRON  
ACADEMY TRUST



# Cool Kids Café Menu Week 1




	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Freshly Made Pepperoni Pizza (contains gluten, soya & milk) (contains pork, tomatoes & yeast)	Chilli Con Carne (contains beef & tomatoes) served with Rice & Tortilla Chips	Chicken & Vegetable Pie (contains gluten) (contains carrots) served with New Potatoes & Green Beans	Sausage & Pasta (contains gluten) (contains pork) with a Tomato Sauce (contains carrots & tomatoes) served with Broccoli & Garlic Bread (contains gluten & milk)	Salmon Fish Fingers (contains gluten & Fish) served with Chips & Peas
Option 2	Freshly Made Hawaiian Pizza (contains gluten, soya & milk) (contains pork, pineapple, tomatoes & yeast)	Sweet 'n' Sour Quorn (contains egg white) (contains pineapple & tomatoes) served with Rice	Cheesey Leek Sausage Rolls (contains gluten & milk) served with New Potatoes & Green Beans	Curried Vegetable Samosa (contains gluten) (contains pea protein, chickpeas & carrots) served with Rice & Mango Chutney (contains mango)	Quorn Dippers (contains gluten) (contains pea protein & yeast) served with Chips & Peas
Option 3	Freshly Made Magherita Pizza (contains gluten, soya & milk) (contains tomatoes & yeast)	-	-	-	-
Option 4 <b>LIMITED AVAILABILITY</b> Only available for those who have allergies, intolerances and/or food choices that are not covered by the above options	Jacket Potato served with Baked Beans (contains tomatoes) and/or Cheese (contains milk)	The kitchen will prepare food for those who have allergies and cannot eat the food listed above	Linda McCartney Veggie Sausage (contains gluten, soya & sulphites) (contains tomatoes & yeast) served with New Potatoes & Green Beans	Jacket Potato served with Baked Beans (contains tomatoes) and/or Cheese (contains milk)	The kitchen will prepare food for those who have allergies and cannot eat the food listed above
<div>   </div> <p><i>Fresh Baked Bread, a Healthy Salad, Fresh Fruit, Yogurt &amp; Milk available every day</i></p> <p><i>Fresh . . . . . All our food is cooked fresh each day</i></p> <p><i>Healthy . . . . . Our Pasta, Rice &amp; Breads are healthy wholemeal products</i></p> <p><i>Please note our in house made bread contains gluten &amp; soya and may also contain traces of milk &amp; egg. Gluten free bread is available.</i></p> <p><i>Please note that unfortunately, we cannot serve milk free cheese as it contains nuts and Beckers Green is a nut free school.</i></p> <p><i>Writing in blue covers the 14 main allergens &amp; writing in green covers other allergens/food observances our children may have.</i></p> <p><i>The 14 main allergens are: celery, cereals containing gluten (including wheat (such as spelt and Khorasan), rye, barley and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs — such as mussels and oysters, mustard, tree nuts (including almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios and macadamia nuts, peanuts), sesame seeds, soybeans &amp; sulphur dioxide and sulphites (if they are at a concentration of more than ten parts per million)</i></p> <div>  </div>					

# Cool Kids Café Menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	<b>Jacket Potato Day</b> Jacket Potato served with Baked Beans <small>(contains tomatoes),</small> Cheese <small>(contains milk),</small> Tuna Mayonnaise <small>(contains fish &amp; eggs)</small> or Vegetable Curry <small>(contains pea protein)</small> <small>(contains carrots)</small>	Pulled Pork in a Bun <small>(contains gluten, celery &amp; mustard)</small> <small>(contains pork &amp; tomatoes)</small> served with Cous Cous <small>(contains gluten)</small>	Roast Gammon <small>(contains pork)</small> served with Yorkshire Pudding <small>(contains gluten, egg &amp; milk),</small> Roast Potatoes, Vegetables & Gravy <small>(contains yeast)</small>	Turkey Pizza Pinwheel <small>(contains gluten &amp; milk)</small> <small>(contains pork &amp; carrot)</small> served with Wholewheat Pasta <small>(contains gluten &amp; maybe soya)</small>	Omega 3 Fish Fingers <small>(contains gluten &amp; fish)</small> <small>(contain yeast)</small> served with Chips & Baked Beans <small>(contains tomatoes)</small>
Option 2		Vegetable Lasagne <small>(contains gluten &amp; milk)</small> <small>(contains carrots &amp; tomatoes)</small>	Quorn Bolognaise <small>(contains gluten &amp; egg)</small> <small>(contains tomatoes &amp; pea protein)</small> served with Wholewheat Pasta <small>(contains gluten &amp; maybe soya)</small>	Halloumi Burger <small>(contains gluten, milk &amp; egg)</small> served with Wholewheat Pasta <small>(contains gluten &amp; maybe soya)</small>	Vegetable Chow Mein <small>(contains gluten, egg, soya &amp; sesame)</small> <small>(contains carrots)</small>
Option 3		-	-	-	-
<b>Option 4</b> <b>LIMITED AVAILABILITY</b> <small>Only available for those who have allergies, intolerances and/or food choices that are not covered by the above options</small>	The kitchen will prepare food for those who have allergies and cannot eat the food listed above	Vegetable Pasta in a Tomato Sauce <small>(contains gluten but gluten free option available)</small> <small>(contains carrots &amp; tomatoes)</small>	Jacket Potato served with Baked Beans <small>(contains tomatoes)</small> and/or Cheese <small>(contains milk)</small>	Jacket Potato served with Baked Beans <small>(contains tomatoes)</small> and/or Cheese <small>(contains milk)</small>	The kitchen will prepare food for those who have allergies and cannot eat the food listed above
<div>   </div> <p><i>Fresh Baked Bread, a Healthy Salad, Fresh Fruit, Yogurt &amp; Milk available every day</i></p> <p><i>Fresh . . . . . All our food is cooked fresh each day</i></p> <p><i>Healthy . . . . . Our Pasta, Rice &amp; Breads are healthy wholemeal products</i></p> <p><i>Please note our in house made bread contains gluten &amp; soya and may also contain traces of milk &amp; egg. Gluten free bread is available.</i></p> <p><i>Please note that unfortunately, we cannot serve milk free cheese as it contains nuts and Beckers Green is a nut free school.</i></p> <p><i>Writing in blue covers the 14 main allergens &amp; writing in green covers other allergens/food observances our children may have.</i></p> <p><i>The 14 main allergens are: celery, cereals containing gluten (including wheat (such as spelt and Khorasan), rye, barley and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs — such as mussels and oysters, mustard, tree nuts (including almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios and macadamia nuts, peanuts), sesame seeds, soybeans &amp; sulphur dioxide and sulphites (if they are at a concentration of more than ten parts per million)</i></p> <div>  </div>					



# Cool Kids Café Menu Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Beef Burger (contains beef) in a Bun (contains gluten) (contains yeast) served with Jacket Wedges (contains gluten) (contains yeast)	Spaghetti Bolognaise (contains gluten) (contains beef, carrots & tomatoes)	Toad in the Hole (contains gluten, egg & milk) (contains pork) served with Broccoli, Carrots & Gravy (contains yeast)	Chicken Tikka Masala (contains milk) (contains tomatoes) served with Rainbow Rice (contains peas & carrots)	Fillet of Fish (contains gluten, fish) served with Chips & Peas
Option 2	Vegan Quorn Sausage (contains gluten) (contains pea protein & yeast) in a Roll (contains gluten) (contains yeast) served with Jacket Wedges (contains gluten) (contains yeast)	Feta & Caramelised Onion Quiche (contains gluten, milk & eggs) served with Half Jacket Potato	Vegetable Chilli Wraps (contains gluten but gluten free option available)	Vegetable Fajitas (contains gluten) (contains tomatoes) served with Wholegrain Rice	Quorn Pattie in a Bun (contains gluten, egg & milk) (contains pea protein, yeast & tapioca) served with Chips & Peas
Option 3	Chicken Fillet in Wrap (contains gluten) served with Jacket Wedges (contains gluten) (contains yeast)	-	-	-	-
Option 4 <b>LIMITED AVAILABILITY</b> <small>Only available for those who have allergies, intolerances and/or food choices that are not covered by the above options</small>	Jacket Potato served with Baked Beans (contains tomatoes) and/or Cheese (contains milk)	Jacket Potato served with Baked Beans (contains tomatoes) and/or Cheese (contains milk)	The kitchen will prepare food for those who have allergies and cannot eat the food listed above	The kitchen will prepare food for those who have allergies and cannot eat the food listed above	Jacket Potato served with Baked Beans (contains tomatoes) and/or Cheese (contains milk)
<div>   </div> <p><i>Fresh Baked Bread, a Healthy Salad, Fresh Fruit, Yogurt &amp; Milk available every day</i></p> <p><i>Fresh . . . . . All our food is cooked fresh each day</i></p> <p><i>Healthy . . . . . Our Pasta, Rice &amp; Breads are healthy wholemeal products</i></p> <p><i>Please note our in house made bread contains gluten &amp; soya and may also contain traces of milk &amp; egg. Gluten free bread is available.</i></p> <p><i>Please note that unfortunately, we cannot serve milk free cheese as it contains nuts and Beckers Green is a nut free school.</i></p> <p><i>Writing in blue covers the 14 main allergens &amp; writing in green covers other allergens/food observances our children may have.</i></p> <p><i>The 14 main allergens are: celery, cereals containing gluten (including wheat (such as spelt and Khorasan), rye, barley and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs — such as mussels and oysters, mustard, tree nuts (including almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios and macadamia nuts, peanuts), sesame seeds, soybeans &amp; sulphur dioxide and sulphites (if they are at a concentration of more than ten parts per million)</i></p> <div>  </div>					